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(Sampoorna Vratakalpam)

The second Friday of the month of Sravanam has great significance. The holiest of all - Varalakshmi Vratam is performed on this auspicious day by married women. It is believed to grant long life to their husbands, and great riches to their families. The procedure of the pooja and vratakatha is given here exclusively for you in English.

## Vrata Poorva Vruttantam:

(the origin of the vratam)
Sravana masamlo vachhe rendava Sukravaram chesukune vratanne Varalakshmi Vratamani antaru. Kailasamlo Parvati Parameshwarulu okaroju paachikalaadaru. Aa aatalo Paravati odipoyindi. Daanito Parvati Parameshwarulu iddaroo vaduladukunnaaru. Ee vaadanni parishkarinchamani Parvati Parameshwarulu Chitranemini koraaru. Iddari vadanalu vinna Chitranemi Parameshwarudu gelichadani cheppadu. Daanito Parvati Devi aagrahinchi Chitranemiki kushtu rogam praaptinchetatlu shapinchindi... Chitranemi Parvati devini deenamgaa prarthinchi shaapavimochanam kaliginchamani adigadu. Varalakshmi Vratamunu Sravana Purnima naati Sukravaram chesinattayite nee rogam potundani Parvati Devi sapavimochanam teliyajesindi. Chitranemi aavidhamgaa Sukravara vratamunu aacharinchi melu pondadu. Ee Varalakshmi vratamunu Parvatidevi kooda aacharinchagaa Kumaraswami janminchadu. Nandudu, Vikramarkudu ee vratamunu chesi rajyalanu pondarani cheputaaru. Idee sthulamgaa Varalakshmi Vratam poorva charitra.

## Varalakshmi Pooja Prarambham:

Padmasane padmakare sarvalokaika poojite, Narayani priye devi supreeta bhava sarvadaa Ksheerodaarnavasambhoote kamale kamalaalaye, Sushtiraa bhava me gehe suraasura namaskrute, Varalakshmi devatam dhyaayami.

Tatparyam: Kamalasanamandu kurchundinadanavu, padmamu cheta battinadaanavu, sakala janulache koniyaadabadu Vishnudevuni bharyavu, paala kadali yandu buttina daanavu, devasuralache namaskarinchabadina daanavu, thamara puvvula yandu nivasinchu daanavunaina O Lakshmi Devi! Neevu maa yeda nellappudunu prematho vundi, neevu maa inta saaswatamugaa nundumu ani dhyanamu cheyavalenu.

## Vrata Vidhanam:

On the day of Varalakshmi Vratam, wake up early in the morning. Take a shower and arrange the things to perform the pooja. Decorate the peetham with kolam or muggu after applying haldi paste to it. Place Goddess Lakshmi's photo on it. Put kalasam in front of the deity and arrange thoralu, akshatalu, pasupu ganapati, flowers, fruits etc there.

## Thoram ilaa tayaru chesukovali:

## How to make thoram..

Make a five or nine threaded thorams with white color cotton thread and apply haldi paste to it. Make five or nine knots to it place them near the puja peetham.

## Kaavalasina Vastuvulu:

Things necessary for the puja:turmeric powder, kumkuma powder, red blouse piece-1, sandal paste, flowers, fruits, betel leaves, betel nuts, white thread to make thorams, coconuts, lamps, ghee to light the lamp, camphor, incense sticks, rice, and chana Pooja Vidhanamu:The pooja procedure begins:

Suklambaradharam vishnum sasivarnam chaturbhujam
Prasanna vadanam dhyayetsarva vighnopasantaye meditate about Ganapati and perform aachamanam later

Om Keshavaya swaahaa (take little water into your hand and drink) Om Narayanaya swaahaa (take little water into your hand and drink) Om Madhavaya swaahaa (take little water into your hand and drink) Om Govindaya namaha (wipe your hands)

Om Vishnave namaha (wipe your eyes)
Om Madhusudanaya namaha, Om Trivikramaya namaha Om Vamanaya namaha, Om Sridharaya namaha Om Hrushikeshaya namaha, Om Padmanabhaya namaha Om Samkarshanaya namaha, Om Vasudevaya namaha, Om Pradyumnaya namaha, Om Aniruddhaya namaha, Om Purushottamaya namaha, Om Adhokshajaya namaha, Om Naarasimhaya namaha, Om Achyutaya namaha, Om Janardhanaya namaha, Om Upendraya namaha, Om Haaraye namaha, Om Srikrishnaya namaha Uttishtantu bhoota pishachaah yete bhoomi bharakah, Yetesha mavirodhena brahmakarma samaarabhe. Read this mantra and throw some akshintalu behind Now perform pranayam chanting the following mantra..

Om Bhuh Om Bhuvah - Om Suvah Om Mahah
Om Janah Om Tapah Om Satyam - Om tatsaviturvarenyam
Bhargo devasya dheemahi - Dhiyoyonah prachodayat
Om aapojyotii rasomrutam - Brahma bhurbhuvassuvarom
mama upaatta samasta duritakshaya dvaara sri parameshwara preetyartham subhey sobhaney muhurthey, adya brahmanah dvitiya paraarthe, sweta varaha kalpe, vaivaswata manwantare, kaliyugey prathama paadey jamboo dweepey, bharata varshey, bharata khandey, meroh dakshina digbhaage srisailasya................. pradese (srisailaniki vratam chesevari vooru ye dikkulo vundo, aa dikkuni-eesanyamaite, eesanyamani cheppali), krishna kaveri madhya pradese (ye nadula madhya prantamlo vunte aa nadula perulu cheppali) swagruhey/sobhana gruhey (sonta illailte swagruhey ani, adde illaite sobhana gruhey ani cheppali) samasta devata, brahmana, harihara sannidhau, vartamana vyaavaharika chaandramanena sri virodhi nama samvatsare dakshinayaney varsharutau sravana maasey suklapakshe dasamyaayam, bhruguvaasare subha nakshatre subha yogey subha karaney evam guna viseshana visishtaayam subha tithau, srimatyah ............. sarmanah dharmapatni srimati gotravati ............. (gotram peru) ................. naamadheyavati (mee peru cheppukovali) asmaakam saha kutumbanam kshema, sthairya, dhairya, vijaya, abhaya, aayuraarogya, aishwaryabhi vruddhyartham, dharmaartha, kaama moksha chaturvidha phala purushaartha siddhyartham, satsantana sowbhagya phala praptyartham sri varalakshmi devata muddisya, sri varalakshmi devata preetyartham kalpokta vidhaanena yavachhakti dhyana aavahanadi shodasopachara poojam karishye (antu kudi cheti madhya veluto neetini taakali)

## Kalasa Pooja:

(Take a glass or panchapatra specially kept only for puja and pour water in it. Put in some akshatalu, flowers, and a betel leaf in it. Apply sandal paste and kumkuma on three sides of it. Put your right hand on it and read the following mantra.)
kalashasya mukhe vishnu kanthe rudrassamaashritaha mooletatrasthitho brahm madhye maathru ganaa sthitah kukshowtu saagaraa ssarve sapta dweepaa vasundhara rugvedo adha yajurvedo ssaamavedohyadharvanah angaischa sahitaa ssarve kalasambu samaasritaah aayamthu lakshmi poojartham duritakshaya karakaah gamgecha, yamunaichaiva, godavari, saraswathi, narmadaa, sindhu, kaveri jalesmin sannimdhikuru evam kalasha poojaam kuryaath (after chanting this mantra, dip a flower in the holy water and sprinkle it on the Goddess, things readied for puja, and on yourself. Feel as if you purified everything around you and got ready for the puja. Now make a Ganapati with haldi, place it on a betel leaf in the mandapam. Worship him with flowers and place some akshatalu on your head. Now begins the procedure of Varalakshmi Vratam.)

Varalakshmi Pooja Prarambhamu:Dhyana sthuti: padmasane padmakarey sarvalokaika poojithe narayana priaye devi, supreetaa bhavasarvadaa shodhashopachara pooja prarambhaha.

Dhyanam: Ksheerodarnava sambhutey kamale kamalalaye susthiraa bhavame gehe surasura namaskruthe

Sri varalakshmi devatayai namah dhyayami
(put someflowers before the kalasam)

## Aavahanam:

sarva mangala maangalye vishnu vakshasthalaalaye, aavaahayaami devitvaam, supreetaa bhava sarvadaa

Sri varalakshmi devatayai namah aavaahayaami
(put some akshatalu in front of the kalasam)

## Ratna simhasanam:

sooryaayutha nibhasphurthe sphuradratna vibhushite simhasanamidam devi stheeyatam surapujite

Sri varalakshmi devatayai namah
navaratna khachita simhasanam samarpayami
(here imagine that the diamond studded throne is being offered to her to sit and accept your puja)

## Arghyam:

Suddhodakam cha paatrastham gamdha pushpaadhi mishritam, arghyam daasyaamite devi gruahaana surapoojite Sri varalakshmi devatayai namah arghyam samarpayaami. (here fragrant water is offered to her)

Paadyam:
Suvaasita jalam ramyam sarvateertha samudbhavam paadhyam gruhaana devitvam sarwa deva namaskruthe Sri varalakshmi devatayai namah paadhyam samarpayaami.
(a spoonful (uddharinedu)water is offered to the goddess)

## Panchamruta snanam:

payodadhi ghruto petam sarkara madhu samyuktam panchamruta snanamidam gruhana kamalalaye

Sri varalakshmi devatayai namah
panchamruta snanam samarpayami
(few drops of holy water should be sprinkled on the kalasam)

## Suddhodaka Snanam:

gangajalam mayaneetam mahadeva sirasthitam
suddhodaka snanamidam gruhana vidhu sodari
Sri varalakshmi devatayai namah suddhodaka snanam samarpayami
(here also few drops of holy water should be sprinkled on the kalasam)
snaanantaram aachamaneeyam samarpayami
(put a spoon full of water in the arghyapatra)

## Vastram:

Suraarchitaamghri yugale dukoola vasanapriye
vastra yugmam pradaasyami gruahaana harivallabhe
Sri varalakshmi devatayai namah
vastra yugmam samarpayaami
(a new saree specially kept for the goddess is offered to her)

## Aabharanam:

Keyoora kamkana dhivye haranupura mekhala
vibhooshanaanya moolyaani gruahana rushipoojithe
Sri varalakshmi devatayai namah
abharanaani samarpayaami.

## (gold ornaments are offered to the deity)

## Upaveetam:

Taptahemakhrutham sootram mukthaadaamavibhooshitam
upaveetamidam devi gruhanatvam shubhaprade
Sri varalakshmi devatayai namah upveetam samarpayaami.
(a thread should be made with cotton, apply sandalwood paste to its ends and attach it to the kalasam)

## Gandham:

Karpooraagarukasturee gorochanaadi bhiranwitam gamdham daasyaamyaham devi preetyartham pratiguhyatam Srivaralakshmi devataayai namah gamdham samarpayam

## (sprinkle sandalwood paste on the kalasam)

## Akshatalu:

akshataan dhavalaan divyaan shaaliyaan stamdulaan subhan hariadraakumkumopetaan gruhyataam abdhiputrike Sri varaoakshmi devatayai namah akshtaan samarpayaami.

## (place some akshatalu at her feet)

Pushpam:
Mallikaaj aaji kusumai schampakairvasulai sthadhaa neelotpalaischa kalhaarai poojayaami Hariapriye Sri Varalakshmi devatayai namah pushpaih poojayami.
(place some flowers before the goddess)

## Aathaangapoojaa:

Om Chanchalaayai namah - paadou poojayaami.
Om Chapalaayai namah - jaanunee poojayaami.
Om Peetaambharadharaayai namah naabhim poojayaami
Om Kamalavaasinyai namah katim poojayaami
Om Padmaalayaayainamah naabhim poojayaami
Om Madanamaatre namah sthanow poojayaami
Om Kambukamtyai namah kamtham poojayaami
Om Sumukhaayai namah mukhampoojayaami
Om sunetraayai namah netrou poojayaami
Om Ramayai namah karnou poojayaami
Om Kamalaayainamah - sirah poojayaami
Om Sri Varalakshmyai namah sarvanyamgani pujayami.

Sri Varalakshmi Ashtottara Satanama Pooja
(say 'namah' at the end of every namam)

Om Prakrutyai
Om Vikrutyai
Om Vidyayai
Om Sarvabhuta hitapradayai
Om Sraddhayai
Om Vibhutyai
Om Surabhyai
Om Paramatmikayai
Om Vachey
Om Padmalayaayai
Om Padmayai
Om Suchyai
Om Swaahayai
Om Swadhayai
Om Sudhayai
Om Dhanyaayai
Om Hiranmayai
Om Lakshmyai
Om Nityapushtayai
.Om Vibhavaryai
Om Adityai
.Om Dityai
Om Deeptayai
Om Vasudhayai
Om Vasudharinyai

Om Kamalayai
Om Kantayai
Om Kshamayai
Om Ksheerodarnavasambhavayai
Om Anugrahapradayai
Om Buddhyai
Om Anaghayai
Om Harivallabhayai
Om Asokayai
Om Amrutayai
Om Deeptayai
Om Lokasokavinasinyai
Om Dharmanilayayai
Om Karunayai
Om Lokamatre
Om Padmapriyayai
Om Padmahastayai
Om Padmakshyai
Om Padmasundaryai
Om Padmodbhavayai
Om Padmamukhiyai
Om Padmanabhapriyayai
Om Ramayai
Om Padmamaladharayai
Om Devyai

| Om Padminyai | Om Vararohayai |
| :--- | :--- |
| Om Padmagandhinyai | Om Yasaswinyai |
| Om Punyagandhayai | Om Suprasannayai |
| Om Suprasannayai | Om Udarangayai |
| Om Prasadabhimukhiyai | Om Harinyai |
| Om Prabhayai | Om Hemamalinyai |
| Om Chandravadanayai | Om Siddhaye |
| Om Chandrayai | Om Strainasoumyayai |
| Om Chandrasahodaryai | Om Subhapradayai |
| Om Chaturbhujayai | Om Varalakshmyai |
| Om Chandrarupayai | Om Vasupradaya |
| Om Indirayai | Om Subhayai |
| Om Induseetalayai | Om Hiranyaprakarayai |
| Om Ahladajananyai | Om Samudratanayayai |
| Om Pushtyai | Om Jayayai |
| Om Sivayai | Om Mangalayai |
| Om Sivakaryai | Om Devayai |
| Om Satyai | Om Nahakalyai |
| Om Vimalayai | Om Daridradhwamsinyai |
| Om Viswajananyai | Om Vishnupatnyai |
| Om Thushtaye | Om Nasannakshyai |
| Om Daridranaasinyai | Om Preetipushkarinyai |

Om Sri Brahmavishnusivatmikayai
Om Trikalagnanasampannayai

## Lakshmyashtoftara satanaama poojam samarpayami

## Ifi Sri Lakshmyashtottara satanaamavalih samaapta

## Dhupam:

Dasaamgam guggulopetam sugandhamsumanoharam dhoopam daasyaami devesi sri varalakshmee gruhonatvam Sri varalakshmi devatayai namah dhoopam samarpayaami (Light the incense sticks and move them three times around the goddess)

## Deepam:

Ghrutaakthavarti samyukta mamdhakaaravinaasakam Deepam daasyaami devesi gruhana mudithaabhava Sri varalakshmi devatayai namahdeepam samarpayaami! (show the deepam with your right hand)

## Naivedyam:

Naiveedyam shadrasopetam daddhimadhvaajya samyutam, naanaabhakshya phalopetam gruahana hariavallabhe, Sri varalakshmi devatayai namah naivedyam samarpayaami! (dedicate all the specially prepared naivedyam to the goddess Varalakshmi) Paaneeyam:

Ghanasaara sugandehna mishritam pushpavaasitam paaneeyam gruahataam devi seetalam sumanoharam Sri varalakshmi devatayai namah paaneeyam samarpayaami! (Leave some drops of water with the beetle leaf)

## Thambulam:

Poogee phala samaayuktam naagavallee dalairyutam
karpura choorna samyuktham taambulam, pratigruhyataam
Sri varalakshmi devatayai namah taambulam samarpayaami (place two bananas and betel nuts on two betel leaves before the goddess)

## Thorabandhana mantram

Read the following mantra and Tie the sacred band (thoram) to your right hand..
bathnaamidakshineehaste navasootram shubhapradam putrapowtraabhi vruddhimcha mamasowkhyam dehime rame (tie the thoram to your right hand while reading this mantra)

## Vayana vidhi:

Evam sampuiya kalyanim varalakshmim swasaktitah
Datavyam dwadasa pooram vayanamhi dwijayate!
Vayanadaana mantram:
(mantras to chant while giving the vayanam)
indira prati gruhnaatu indira vaidadaaticha
indiraa taarakobhabhyam indiraayai namo namah
iti pooja vidhanam sampoornam (the puja process is completed) Sri Varalakshmi Vratha Katha Prarambham:

Sownakadi maharshulani uddesinchi soota mahamuni llaa chepparu munulara! streelaku sowbhaagyadaayakamaina vratamunu oka daanii paramasivudu parvatiki cheppaadu. Lokopakaaramu kori aa vrataanni gurinchi meeku teliyajestanu, sraddhagaa vinanadi. Parameshwarudu okaroju thana bhasma simhasanamu pai kurchuni vundagaa naarada maharshi, indraadi dikpaalakulu stuti stotramulatho paramasivudini keertistunnaaru. Aa mahattara aananda samayamlo parvati devi parameswarudini uddesinchi "naatha! Streelu sarva soukhyamulu pondi, putra poutrabhivruddhiga tarinchutaku tagina vratam oka daanini cheppandi ani adigindi. Andukaa trinetrudu "devi! Neevu korina vidhamgaa streelaku sakala subhalu kaliginche vratam okati vunnadi. Adi varalakshmi vratam. Daanini sravana maasamlo rendava sukravaramu naadu aacharinchaali." ani cheppaadu. Appudu Parvati Devi "deva! Ee varalakshmi vrataanni aadi devetalu evaru chesaru? Ee vratanni elaa cheyalo..
vivaramgaa chepandani korindi. "Katyayani! Poorva kalamlo magadha desamlo vishnukundinamu ane pattanamu okati vundedi. Aame sugunavati, vinayavidheyatalu, bhakti gouravalu kala yogyuralu. Prati roju pratah kaalana nidra lechi bharta paadalaku namaskarinchukuni praatahkaala gruhakrutyalu poorti chesukuni attamaamalanu sevinchukuni mitamgaa sambhashistoo jeevistundedi.

## Varalakshmi Sakshatkaram:

Varalkshmi vrataaniki adhidevata ayina Varalakshmi Devi okanaati raatri samayamlo Charumatiki kalalo saakshaatkarinchindi. "O Charumati! Ee sravana pournami naatiki mundu vachhe sukravaram naadu nannu poojinchu. Neevu korina varaalu, kaanukalu istaanan"i cheppi antardhaanam ayyindi. Charumati chaala santoshinchindi. "hey janani! Nee krupaa kataakshamulu kaliginavaru dhanyulu. Vaaru sampannulugaa vidwamsulugaa mannanalanu pondutaru. O pavani! Naa poorva janma sukrutam valana nee darsanam naaku kaligindi" ani pari pari vidhaala varalakshmi devini stutinchindi. Antalone Charumati melkoni, adantaa kalagaa gurtinchi, tana kalanu bhartaku, attamaamalaku teliyajeppindi. Varu chala santoshinchi, Charumatini Varalkshmi Vratamunu chesukovalasindani chepparu. Ooriloni vanitalu Charumati kalanu gurinchi vinnavaarai pournami mundu raaboye Sravana Sukravaram rojuna pattanamloni streelandaru udayanne lechi talaara snaanam chesi pattu vastralu dharinchi, Charumati gruhaaniki cherukunnaaru. Charumati tana gruhamlo mandapam erparachi aa mandapam pai biyyam posi pachapallavaalaina raavi, juvvi, marri, mamidi, uttareni modalaina aakualato kalasam erpaatu chesi Varalakshmi Devini sankalpa vidhulato
"Sarvamangala mangalye sivey sarvartha saadhike
Saranye tryambike devi naarayani namostute"
antoo aahwaninchi pratishtinchukunnaaru. (Evari saktikoladi vaaru bangaru, vendi, raagi, ledaa matti murthulanu pratishtinchukovachhu.) ammavarini shodashopacharalatho poojincharu. Bhakya bhojyalanu nivedinchaaru. Tommidi pogula thoramunu chetiki kattukunnaaru. Pradakshina namaskaaralu chesaru.

Uttamamaina ee vratamunu braahmanaadi nalugu jaatula vaarunu jeyavachhunu. Atlu chesinacho sarva sowbhagyamulunu kaligi sukhamugaa vunduru. Ee kathanu vinuvaralaku, chaduvu varalaku Varalakshmi Vrata prasadamu valana sakala sukhamulu kalugunu.

## Mangala Harati:

Ramaniki mangalamanarey..
kamalanayanaku nitu ramana madakunjara yanaku saadhu sukruta nidaanaku sirula nimpu bimbananaku karakamala mukta bhaktabhimaniki.....

Ramaniki mangalamanarey
lalita pallava paaniki neela jaladhara nibhaveniki
jalajalochanu raaniki, sadhuguna sreniki
kalumu leenedi molakanavvulu
kuluku kalikiki talirubuniki...
Ramaniki mangalamanarey
sarasadala netraku sowmyadharaku sobhanagaatriki
bhoori karuna dhatriki samajita maitriki
sakala duritala vitriki ksheerasagara putriki...
Ramaniki mangalamanarey
ramaku, poshitashritalokaku
seeghramuga neeyave ratna vadhumaniki
poshitasrita lokaalaku duritavanadahaku
seshadaasaana saroruha sreekaravaardi
gamanalolaku ramaku ramaniki mangalamanarey

## Lakshmi Sthothram

Lakshmim ksheera samudra raja tanayam sree ranga dhameshwareem
Daasee bhoota samasta deva vanitam lokaika deepamkuram
Srimanmanda kataaksha labdha vibhavadbrahmendra gangadharam
Twam trailokya kutumbinim sarasijam vande mukundapriyam

## Sri Mahalakshmyashtakam

Namastestu mahamaye sree peethey surapujithey Sankhachakra gadaa haste mahalakshmi namostutey

Namaste garudaaroodhey dolasura bhayankari
Sarvapaapa hare devi mahalakshmi namostutey

Sarvagne sarva varade sarva dushta bhayankari Sarvapaapa hare devi mahalakshmi namostutey

Siddhi buddhi prade devi bhukti mukti pradayini Mantramurthey sada devi mahalakshmi namostutey

Sthula sookshme mahaa roudre mahasakti mahodare
Mahaapaapaharey devi mahalakshmi namostutey
Padmasana sthitey devi parabrahmaswaroopini
Paramesi jaganmata rmahalakshmi namostutey

Swetambaradharey devi naanaalankaara bhooshitey
Jagasthitey jaganmata rmahalakshmi namostutey

Mahalakshmyashtakam stotram yah pathedbhaktimaannarah Sarvasiddhimavaapnoti rajyam praapnoti sarvadaa

Ekakaale pathey nnityam mahaapaapa vinaasanam Dwikaalam yah patheynnityam dhanadhaanya samanwitam Trikalam yah pathennityam mahaa satruvinaasanam Mahalakshmirbhavennityam prasanna varada subha Ityindrakruta mahalakshmyashtaka stavam sampoornam

Phalasruti: Sarvasankata naasanamu, ishtakamyartha siddhi, udyogalabhamu, rajabhogamu, sarvapaapa vinaasanamu, ashta aishwarya praapti kalugutaayi.

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